

Our School

At Barndale , we want everyone to feel:

- 😊 Happy
- 🛡 Safe
- ❤ Cared for
- 🤝 Included

We believe that everyone has the right to be treated with kindness and respect. Bullying is not allowed in our school.

What is Bullying

Bullying is when someone is unkind again and again and it makes another person feel:

- Sad
- Scared
- Upset
- Left out

Bullying can happen:

- In school
- Outside
- Online (on tablets, phones or games)

**Be a
BUDDY,
Not a
bully**

Types of Bullying

Bullying can look different. It might be:

💔 Emotional:

Leaving someone out, Hiding belongings,
Being unfriendly, Telling lies.

🗣 Verbal:

Name calling, Saying mean things, Threats,
Spreading rumours

👊 Physical:

Hitting, Kicking, Pushing, Spitting, Biting.

Types of Bullying

🌍 Racial or Cultural

Being unkind about someone's skin colour

Making fun of culture, language or religion

💖 Sexual or Body-Related

Saying things about someone's body

Unwanted touching

🌈 Homophobic or Transphobic

Being unkind about who someone is or who they like

💻 Online / Cyber:

Mean messages, Unkind pictures, Making people feel
worried online

Everyone is different

Everyone Is Different – and That's OK
Some children:

- Learn differently
- Move differently
- Communicate differently

We are kind to everyone.
Being unkind about differences is never okay.

Telling an Adult

Telling an Adult If:

- Someone is being unkind
 - You feel sad or worried
 - You see bullying
 - You get a message or picture that makes you uncomfortable
 - You can tell:
A teacher, A teaching assistant, Any grown-up in school
- ★ You are never in trouble for telling.

What adults will do to help

When you tell an adult:

- 💡 They will listen
- 💛 They will help you feel safe
- 📝 They will write it down
- 👊 They will help stop the bullying
- 🔄 They will check again to make sure you are okay

Every one
deserves to
feel safe and
happy at
school

Our Promise

At Barndale:

- We use kind hands
- We use kind words
- We help our friends
- We tell an adult if something is wrong
- We work together to make school a happy place