

Be a Buddy not a Bully

This is Lola

Lola gets bullied a lot at school and online

It makes her very sad

When Lola sees someone being bullied she tries to help them

Lola doesn't be mean to the bullies, she doesn't hit them or call them names, she just walks away

Lola tells people she trusts so they can help her feel better, like her teachers, her parents and her friends so they can help her

Be like Lola



KIND HANDS



Don't push Don't poke Don't make rude signs Don't Pinch

BARNDALE HOUSE



Be a BUDDY not a Bully



KIND HANDS



Don't hit Wave at people Are gentle Hold other hands

OUR SCHOOL

At Barndale we strive to provide you with a warm ,caring , positive and safe place where you can learn and grow.

We believe that everyone in our school has the right to be treated with respect and kindness and be able to join in at school without being sad.

Any form of bullying is unacceptable and will not be tolerated in our school. Everyone should be able to tell someone when they are sad and know that things will be done quickly to make your time in school happy.

OUR SCHOOL'S VALUES AND BELIEFS

We encourage and praise positive attitudes and kindness between young people.

- We all have the right to feel happy, safe and included.
- We all have the right to learn in school without harassment, intimidation or fear.
- All unkind hands, actions and words are unacceptable.
- Young people and parents will be supported when incidents of bullying are reported.
- We recognise the effects that bullying can have on young person's self-respect and on their work and the school community will actively promote an anti-bullying environment.

KIND HANDS



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UNKIND HANDS, ACTIONS AND WORDS

- ◇ **Emotional:** being unfriendly, excluding, hiding belongings, anonymous messages, telling lies about someone.
- ◇ **Verbal:** name calling, saying mean things, threats, spreading rumours, making fun of someone, rude remarks.
- ◇ **Physical:** may involve actions such as pushing, hitting, kicking, biting, spitting, nipping and hair pulling.
- ◇ **Racial:** racial taunts, gestures, making fun of culture or religion.
- ◇ **Sexual:** unwanted physical contact, sexually abusive or sexual comments.
- ◇ **Homophobic:** focusing on the issue of sexuality.
- ◇ **Cyber / Online:** Setting up fake or hate 'websites/ profiles', sending offensive emails or text messages, trolling.

WHAT WE CAN DO TO MAKE OUR SCHOOL

A HAPPY PLACE TO BE

- ◆ We are not unkind or make our friends sad
- ◆ We tell a member of staff if we see one of our friends being unkind
- ◆ We tell a member of staff if we are sad or unhappy
- ◆ Staff look out for anyone who is sad and using unkind hands or words
- ◆ We will tell a member of staff if anyone sends us pictures or messages which make us worried or sad.

KIND HANDS



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